

Dementia
Friendly
America™

NEVADA

Project Update

Jeff Doucet, Department of Health and
Human Services, Aging and Disability
Services Division

Project Background/ Landscape

Nevada Aging and Disability Services Division (ADSD) was awarded funding for this project through a grant from the Administration for Community Living (ACL) through its 2016 Alzheimer's Disease Initiative (ADI) – Specialized Supportive Services (SSS) Program.



This project will address services gaps in at least 3 of the 4 service gap areas:

1) Effective supports and services to persons living alone with ADRD in the community

2) Effective care and supportive services to persons living with moderate to severe impairment from ADRD and their caregiver

3) Improve quality and effectiveness of programs and services dedicated to individuals aging with intellectual and developmental disabilities with ADRD.

4) Delivery of behavioral symptom management training and expert consultation for family caregivers.

Nevada Facts and Statistics

Historically, Nevada led the nation in growth rate in the number of people age 65 and older

Alzheimer's disease is the 6th leading cause of death (30.2 resident deaths per 100,000)

45,000 Nevadan's living with Alzheimer's Disease; projected to increase by 42.2% to 64,000 in 2025.

149,000 unpaid caregivers, 169,000 Hours of unpaid care caring for someone with dementia in Nevada. **This represents \$2.136 Billion in 2017. That is \$243,835 an hour or \$67.73 per second.**

Dementia Friendly Project Partners



alzheimer's
association

Service Delivery: Rural outreach, Support Dementia Friendly Communities, recruitment and expansion of existing "Tool Box" programs.



Aging and Disability Resource Centers (ADRCs)
Deliver BRI Care Consultation in Northern Nevada.



Coordinate and Provide Training / Support for Dementia Friendly Communities and Community Action Groups (CAGs) statewide.



Aging and Disability Resource Centers (ADRCs).
Deliver BRI Care Consultation in Southern Nevada



University of Nevada, Reno
School of Medicine

UNR Nevada Reno, School of Community Health Science : Facilitate and Support Community Action Groups, documenting process. Guide action groups envisioning their community goals, developing localized activities, and reflecting on progress and impacts, and integrating with the Evaluation Team.

UNR - Sanford Center for Aging: Program Evaluation and implementation of Nevada's dementia-capable system efforts.



Expand Rural Respite to in Community Action Groups and other rural areas using Volunteer Service Partnership with Rural and Senior Volunteer Program (RSVP).



State of Nevada

Department of Health and Human Services
TASK FORCE ON ALZHEIMER'S DISEASE

Advocate for legislative action and expanding awareness in government sector. In the 2017 State Plan to Address Alzheimer's Disease, the TFAD included in its recommendation, support for the State's Dementia Friendly Champion Groups in Northern and Southern Nevada, as well as support for the establishment of a key partners' network, which would create a system of referrals to appropriate service



Technical Assistance and Licensing for the delivery of BRI/ RCI Care Consultation.

DFNV Workgroups and Purposes

- **Dementia Friendly Statewide Work Group**

Purpose: Establish and Support Dementia Friendly Activities across Nevada. Provide insight on policy considerations and legislative support needed to remove barriers or improve state support for the ADRD population. Assist grant activities to meet Nevada's Goal as a Dementia Capable State and Dementia Friendly State.

- **Dementia Friendly Champions Group**

Purpose: Provide an open discussion opportunity for the funded communities to share and discuss best practices, ideas, concerns, and ways to improve Dementia Capability in their areas and across Nevada. Provide an update and engage state and Grant Staff on developments and concerns.

- **Dementia Friendly Sustainability Workgroup**

Purpose: To sustain Dementia Friendly Nevada activities beyond the funding level. Create a sub group of the Dementia Friendly Nevada Statewide Workgroup to focus on developing an infrastructure to support our Dementia Friendly Nevada efforts.

CAG	Population		Population Density (Sq. Mile)
	2016 Population Estimates	60 and Over Population	
Clark County	2,070,153	387,591	262
Nye	43,198	15,433	2.38
Washoe	439,914	92,344	69.81
Elko	52,029	7,444	3.03
Humboldt	17,091	1,803	1.77
Pyramid Lake	1,581		8.41
State	Population		Population Density (Sq. Mile)
	S0102 Population Estimates	60 and Over Population	
Nevada	2,839,172	565,423	25.86



Community action groups must have representation from **persons living with dementia** and **family care partners**, plus representatives from at least **four (4) relevant sectors**, including, but not limited to:

- Legal Services
- Banks / Financial Services
- Neighbors / Community Members
- Government Agencies
- Emergency Planning / First Response
- Veterans
- Libraries
- Communities of Faith
- Business and Retail
- Community-Based Supports / Services
- Transportation Services
- Hospitals / Acute Care Settings
- Residential Care
- Education





Dementia-Friendly Nevada

“Toolbox”

- *Nevada’s Dementia Supports Toolbox* – Program supports for people living with cognitive issues related to Alzheimer's and Dementia.
- Availability – Regional vs. Statewide
- Grant Services

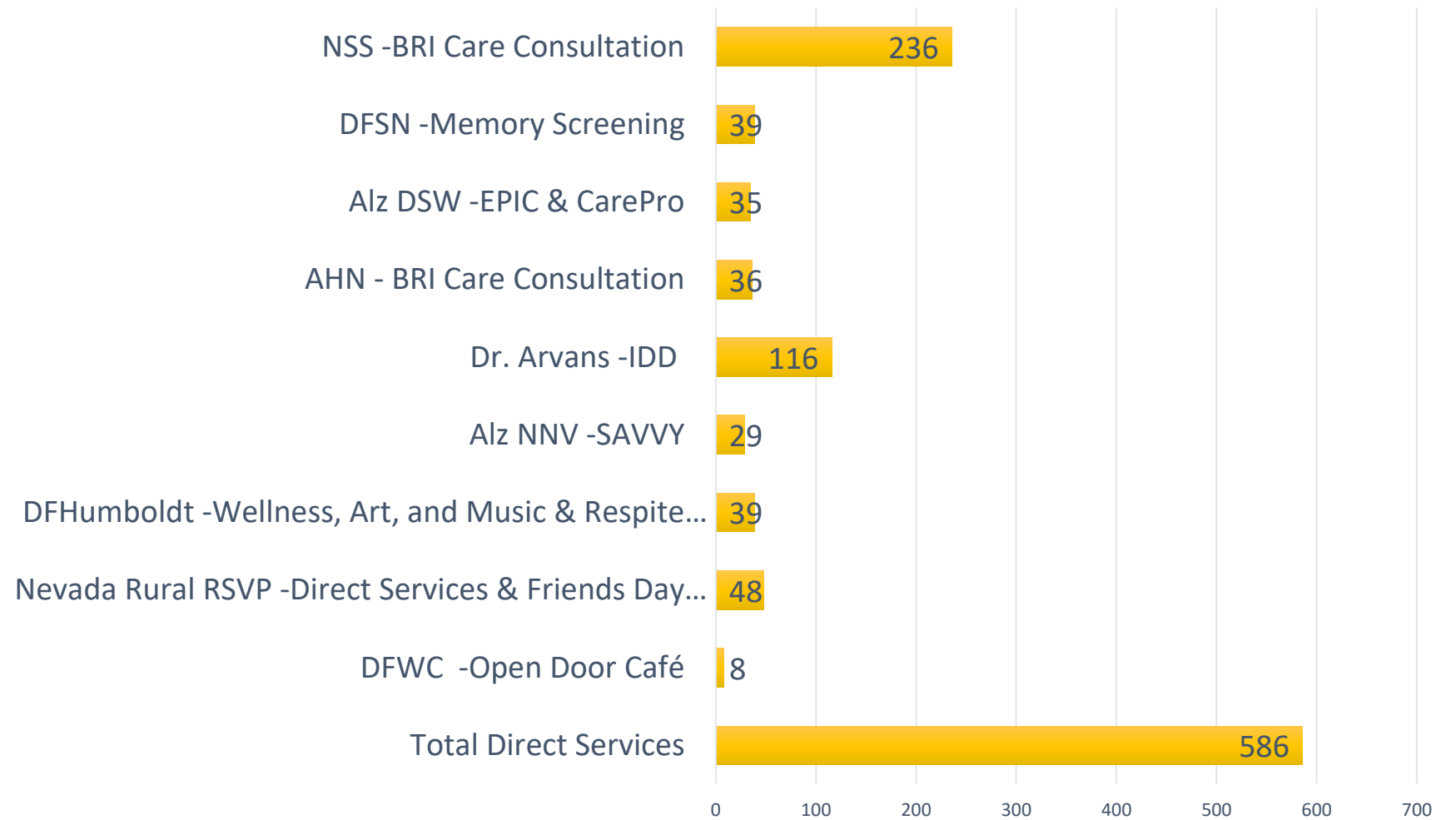
<p>ALZHEIMER’S ASSOCIATION OF NORTHERN AND SOUTHERN NEVADA</p> <p>alzheimer’s association®</p> <p>24/7 Helpline 1-800-272-3900 www.alz.org</p> <p>Person Living With Dementia Support Services</p> <ul style="list-style-type: none"> • Early-Stage Engagement Activities • Person Living With Dementia & Caregiver Support Services • EPIC (Early-Stage Partners In Care) • Care Consultations • Education Workshops • Support Groups: Person Living With Dementia, Early Stage <p>Caregiver Support Services</p> <ul style="list-style-type: none"> • CarePRO (Care Partners Reaching Out) • Respite Voucher Services • Support Groups: Caregiver <p>Other Support Services</p> <ul style="list-style-type: none"> • Safety Net: Medic Alert/Safe Return, First Responder Trainings 	<p>CLEVELAND CLINIC LOU RUVO CENTER FOR BRAIN HEALTH</p> <p>Cleveland Clinic</p> <p>www.keepmemoryalive.org/socialservices www.healthybrains.org</p> <p>Person Living With Dementia & Caregiver Support Services</p> <ul style="list-style-type: none"> • Lunch and Learn—Phone: 702-778-6702, email: louruvosocialserv@ccf.org • Frontotemporal Disorders—email: familyservicesNV@ccf.org • Huntington’s Disease—Contact Donna, phone: 702-483-6035, email: municid@ccf.org • Memory Loss for Caregivers—Contact Donna, phone: 702-483-6035, email: municid@ccf.org • Parkinson’s Disease—Contact Samuel, phone: 702-701-7929, email: hicksos@ccf.org • Counseling Services—email: familyservicesNV@ccf.org • Lynne Ruffin-Smith Library—Phone: 702-483-6033, email: louruvolibrary@ccf.org • Art & Education Offerings—Phone: 702-778-6702, email: louruvosocialserv@ccf.org <ul style="list-style-type: none"> -Art Explorations-Art Therapy -Conversations to Remember -The Learning Arts -Music Therapy-Respite -Healthier Living -Powerful Tools for Caregivers
<p>ACCESS TO HEALTHCARE NETWORK</p> <p>access to HEALTHCARE</p> <p>www.accesstohealthcare.org/ 1-877-861-1893</p> <p>Provides services through Northern NV Aging and Disability Resource Centers (ADRCs)</p>	<p>NEVADA RURAL RESPITE SERVICES</p> <p>RSVP</p> <p>www.nevadaruralsvp.org/ 775-687-4680 x123</p>
<p>NEVADA SENIOR SERVICES</p> <p>Nevada Senior Services, Inc.</p> <p>www.nevadaseniorservices.org</p> <p>Person Living With Dementia & Caregiver Support Services</p> <ul style="list-style-type: none"> • Adult Day Care: Las Vegas 702-648-3425, Henderson 702-368-2273 • Nevada Care Connection Resource Center: 702-364-2273 or 844-850-5113 • New Pathways Café (Early Memory Loss Program): 702-333-1538 • Connections (Moderate Memory Loss Program): 702-333-1538 • Respite Care & Support Program: 702-333-1599 <p>Caregiver Support Services</p> <ul style="list-style-type: none"> • Caregiver Support Groups: Las Vegas 702-648-3425, Henderson 702-368-2273 • BRI (Benjamin Rose Institute on Aging) Care Consultation: 702-364-2273 or 844-850-5113 • RCI (Rosalynn Carter Institute for Caregiving) REACH (Resources Enhancing Alzheimer’s Caregiver Health): 702-364-2273 or 844-850-5113 • Skills2Care: 702-364-2273 or 844-850-5113 • Caring for You, Caring for Me: 702-364-2273 or 844-850-5113 	<p>NEVADA AGING AND DISABILITY SERVICES DIVISION</p> <p>http://adsd.nv.gov/</p> <p>Regional Centers provide Federal—Home & Community Based Waivers, Counseling, Employment Services, Family & Residential Support, & Service Coordination for individuals throughout the lifespan.</p> <p>Provides support and services to children and adults with intellectual disabilities or related conditions.</p> <ul style="list-style-type: none"> • Desert Regional Center: 1391 S. Jones Blvd., Las Vegas 702-486-6200 or 702-486-7850 • Rural Regional Center: 1665 Old Hot Springs Rd., Ste. 157, Carson City 775-687-5162 • Sierra Regional Center: 605 S. 21st St., Sparks 775-688-1930 • Elko: 1825 Pinion Rd, Ste. A 775-753-4236 • Fallon: 131 N. Maine St. 775-423-0347 • Silver Springs: 3595 Highway 50 West, Ste. 3 775-577-4077 • Winnemucca: 475 W. Haskell, Ste. 3 775-623-6593

Nevada Dementia Support Tool Box

	Southern Nevada	Washoe County	Elko	Winnemucca	Pahrump	Pyramid Lake
Savvy Caregiver Training Course will provide clinical-level training for family caregivers		X	X	X		
Early Stage Partners in Care Program (EPIC) 6- week workshop designed for Early Stage Cognitive Impairment	X	X				
BRI Care Consultations Telephonic Options Counseling	X	X	X	X	X	X
Rural RSVP Rural Respite Services		X	X	X	X	X
Care Partners Reaching Out (CarePRO) Caregiver Education Workshop	X	X				
Nevada 2-1-1 / Nevada Care Connections Resource Center	X	X	X	X	X	X
Education Workshops Resources Enhancing Alzheimer's Caregiver Health (REACH)	X				X	
Powerful Tools for Caregivers	X					
Skills2Care	X					
Caring for You, Caring for Me	X				X	
In Home Services Meal Preparation & Delivery	X	X	X	X	X	
Bathing & other Activities of Daily Living	X	X	X	X	X	X
Shopping	X	X	X	X	X	X
Home Safety Modification & Repair	X	X			X	
Support Services Adult Day Care	X	X				
Transportation	X	X	X	X	X	
Caregiver Support	X	X	X	X	X	
Respite Services	X	X	X	X	X	X
Support Groups	X	X	X	X	X	
Safety & Housing	X	X				
Long Term Care	X					
Legal Assistance		X	X	X	X	X
Healthcare Diagnosis & Treatment	X	X	X			
Medication Management	X	X	X	X	X	X
Counseling	X					

Nevada Dementia Support Tool Box

Cumulative Individuals Provided Direct Services



Snapshot of CAG Accomplishments



Activities and Accomplishments

Dementia Friendly Nevada Logo

Developed a Dementia Friendly Nevada Logo statewide and specific to Community Action Groups (CAG).

Resource Notebook

The Resource Notebook provides information on supportive programs and services, where to find help for care planning, common issues and concerns related to dementia and cognitive impairment, and increased awareness of Dementia Friendly Practices. The Resource Notebook will also address resources and services available for IDD populations. Once completed, the notebook will be available for dissemination via email and also included on the DFNV website.

Dementia Friendly Nevada Website

<https://dementiafriendlynevada.org/>

The dementiafriendlynevada.org website now houses CAG specific pages to highlight CAG activities. CAG's were trained in adding and editing webpage content and were provided access to their community specific pages.

Dementia Friendly Nevada Social Media Pages

Facebook, Twitter, Instagram, Google+

Java Music

A research-based peer support activity group program

Friends Day Out

A 4-hour respite program originated in Elko CAG comprising lunch, social activity, Java Music, exercise, offering unique engagement activities for PWDs and respite for caregivers.

Wellness, Art, and Music (Winnemucca)

A modified respite program with Java Music and activities involving wellness, art, and music.

Open Door Café Implementation

An inclusive place for all. Helps people living with dementia and their family care partners combat loneliness, isolation and stigma, which can lead to increased health risks and a rapid worsening of functional loss as people disengage.

DFNV Website:

<https://dementiafriendlynevada.org/>



[Home](#) ▾ [Communities](#) ▾ [Resources](#) ▾ [Research](#) ▾ [Events Calendar](#) ▾ 🔍



Training and Education

Dementia Friends Champions and Dementia Friends Training	<p>Increase awareness of dementia and gain skills necessary to create Dementia Friendly organizations in their communities. The Sanford Center for Aging (SCA) obtained the <i>Dementia Friends</i> sublicense for Nevada in January 2018. <i>Dementia Friends</i> Champions training is a “train-the trainer” type training model, which allows trained Champions to facilitate <i>Dementia Friends</i> training throughout their respective communities.</p>
National Task Group on Intellectual Disabilities and Dementia Practices	<p>Two (2) Northern Nevada and two (2) Southern Nevada.</p>
Community Awareness Training	<p>Dementia Friendly Southern Nevada developed material to deliver dementia awareness and sector specific skills necessary to create Dementia Friendly Organizations. CAT Trainings being developed for the business and faith-based sectors.</p>
REST Trainings	<p>Respite, Education and Support Tools for volunteers and community members</p>
Bravo Zulu Trainings	<p>Care and support to each unique elder’s strengths, preferences and needs</p>
First Responder trainings	<p>Developed by the Cleveland Clinic, accredited by ACCME PRA Category 1 credits. Training provides 4 hours of CEUs for EMT’s, POST, police, paramedics, fire, social workers, physicians, NP’s, PA’s, RN’s. Available to access through DFNV website.</p>
Dementia Friends Training	<p>Six (6) CAG’s received Dementia Friends training from the SCA. CAG’s have and continue to deliver trainings to throughout their local communities to increase awareness of dementia and gain skills necessary to create Dementia Friendly organizations in their communities.</p>
Dementia Capable Conference	<p>Dementia Capable Conference – held on June 2, 2018 for healthcare providers and social workers. Approximately 193 providers attended the conference. Conference presentations have been published for online viewing at the dementiafriendlynevada.org website.</p>
Community Education and Outreach Events	<p>CAGs planned various education and outreach events in the community including panel discussions, Q&A Sessions, information sessions, and social events to raise awareness.</p>



A program of the Nevada Geriatric Education Center

Welcomed 367 new Dementia Friends to the movement!

Through March 31, 2019, **statewide**:

- 29 Dementia Friends information sessions
- 367 participants (WC 187; Rural 180)
- 65 Dementia Friends Champions
- 227 Hours of Training



**Dementia Friendly Southern Nevada
Community Awareness Training for Businesses**



There are approximately 45,000 individuals with dementia in Nevada.



Living Alone with Alzheimer's *A Solutions Summit*

DementiaFirstResponseNV.com



Trainings

The Aging and Disability Services Division is pleased to present
the following training for Division Staff and Invited Guests:

Overview for Aging and Intellectual Disabilities:
*Understanding similarities and differences between the aging
process and addressing safety and abuse concerns*

Presented by Dr. Rebecca Arvans, Ph.D., BCBA-D

Upcoming Training and Events

- **Dementia 2019: Managing a Public Health Crisis**

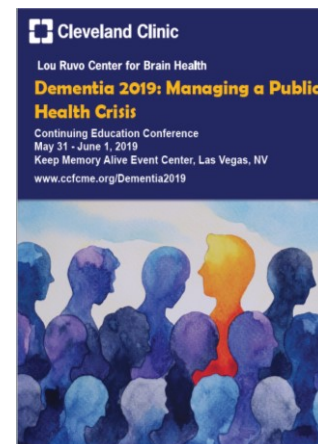
- Keep Memory Alive Event Center
- Las Vegas, NV May 31 – June, 2019
- <https://dementiafriendlynevada.org/general-news/dementia2019/>

- **Tribal Summit on Brain Health and Dementia**

- Pyramid Lake August 22

- **Dementia Friendly Washoe County: Walk with Me**

- California Building Idlewild Park
- Reno, NV June 4th 2PM - 5PM





Dementia Community Needs Survey **Strengths and Gaps**

Key **strengths** reported:

- Support groups for family care partners
- Specific Community-based organizations
- Community-based supports

Key **gaps/ weaknesses** reported,
Lack of:

- **Geriatric/ Clinical Services**
- **Dementia education programs**
- **Access to Community-based services: Support groups, transportation, and long-term care options**



Dementia Community Needs Survey – **Dementia Attitude Scale (DAS)**

Overall, Nevada residents reported 75% positive attitudes toward individuals living with dementia, with a score of 105 out of 140.

With a possible range of 12 – 84, Nevada residents scored a 60 (71%) on the social comfort subscale.

With a possible range of 8 – 56, Nevada residents scored a 45 (80%) on the dementia knowledge subscale.

	N	DAS Overall Mean (%)	Subscale 1: Comfort	Subscale 2: Knowledge
Possible Range:		20 - 140	12 - 84	8 - 56
Elko County	163	102	57	46
Humboldt County	119	101	57	45
Washoe County	391	106	60	46
Clark County	195	103	60	43
Pyramid Lake	43	106	60	46
Nye County	89	104	60	46
Non-Participating County	68	112	64	48
Statewide	1,068	105	60	45

Source: University of Nevada, Reno Sanford Center for Aging

Next Steps



- Expansion Funding: Nevada was not funded
- Sustaining Activities
- Integrating into Service Paradigms
- Transition to Other Funding or to Receive Funding
- Building Our Largest Dementia Infrastructure (BOLD) for Alzheimer's Act
- Partnerships

Thank You

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Management Analyst 3

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Aging and Disability Services Division

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